

Education and training for support workers

Policy and Procedure

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Document Control

Document Name	Education and Training of Care Workers
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Purpose	Libertatem Healthcare Group is committed to providing the highest standards of care and service to people. This includes ensuring that each care worker receives the appropriate mandatory and specialist training required to enable safe and effective care to be delivered to the people we support.
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1.0 Introduction

Libertatem Healthcare is committed to delivering high quality and safe standards of care, support and rehabilitation to our clients. To provide assurance that its services are effective and safe the organisation will ensure that it has a workforce that is competent and capable.

2.0 Purpose

The purpose of this procedure is to set out the required standards for mandatory/ statutory training and training for bespoke clinical needs dependent upon client needs and for continuing professional development.

3.0 Scope

This policy and procedure applies to all support workers and staff.

4.0 Responsibilities

4.1 Board of Directors

• Are responsible for ensuring that this procedure is implemented, but in practice will delegate the operational management of the requirements to the Registered Manager.

4.2 Registered Manager

- Has overall responsibility on behalf of the board of Directors for the implementation of this procedure.
- Will ensure that the Board of Directors are provided with timely and accurate information about mandatory and statutory training requirements and compliance.
- Will ensure that bespoke training is organised and delivered where appropriate in liaison with the regional clinical nurse
- Run weekly audits of training compliance and disseminate information to team so that staff can be contacted to complete training to remain compliant.

4.3 Healthcare Coordinators

- To ensure all training certificates are accurately uploaded to LHG software with appropriate expiry dates
- To maintain ongoing check that all of their staff have complete mandatory/ statutory and bespoke training modules and that they remain compliant with the required standards.
- Review training requirements during quarterly supervisions and annual appraisal and ensure staff are aware of modules that are close to renewal or have expired
- Ensure the Registered Manager is aware of any staff who are non-compliant
- To offer support to staff with continued professional development to enable them to function safely and effectively in their role.

4.4 Recruitment team:

- Create for each successful candidate a training profile on the training e-portal and assign all mandatory modules.
- Will forward information containing log in details and how to access the platform to each successful candidate.
- To upload all successfully completed training to the recruited workers training file and ensure details uploaded to LHG software with accurate expiry dates

• Will liaise with the coordinators regarding candidate's successful completion of mandatory training modules and compliance to work.

4.6 Regional Clinical Nurse

- To ensure that all support workers are provided with training to support client specific clinical delivery of care
- Where specialist training is an identified need for the support worker, the clinical nurse will ensure this is approved by the operations team prior to this being booked and ensure funding has been secured.
- Liaise with the care coordinators to arrange training sessions for teams or individuals as appropriate.
- Deliver theory training via face to face sessions or via zoom. This can be delivered for groups or delivered on a 1:1 basis
- Certificates will be provided to the care coordinators of bespoke client specific training to upload to the support worker file and uploaded onto the LHG software.

4.6 Support workers

- To undertake and complete assigned mandatory training prior to commencement of role
- Ensuring mandatory training is completed to ensure it can be renewed in a timely fashion to ensure that they remain compliant and able to undertake duties
- Will attend face to face training as requested
- Will attend bespoke training as identified for specific clients
- To liaise with care coordinator or regional clinical nurse if new training needs arise
- To participate in ongoing supervision and appraisal.

5.0 Procedure

5.1 Mandatory training

Mandatory training is any statutory or compulsory training that Libertatem Healthcare requires the care support worker to undertake in line with current regulations and legislation.

Libertatem Healthcare have adopted the national standards set out in the Skills for Health core skills framework which recommends the appropriate time periods for refresher training (appendix 1).

This will enable the care support worker to:-

- Comply with the law and requirements of the regulatory bodies
- Carry out their daily duties safely, effectively and efficiently
- Reduce and address areas of risk
- Maintain competence to the required standards expected by our clients and external regulatory bodies

Mandatory training is undertaken predominantly by e-learning platform and will be completed prior to commencement of role and renewed as per guidance in appendix 1.

The Registered Manager will ensure that training compliance of all workers is reviewed on a weekly basis through use of audit tab within the Libertatem Healthcare software.

5.2 Bespoke training

Bespoke training is client specific. It is organised to address the training needs for the support worker which is individual to one specific client. It is arranged after a full needs assessment has been completed by the clinician. A training needs analysis will be

completed during assessment and an individualised training plan will then be organised for the care worker/ support team.

Bespoke training can be delivered through a number of platforms including classroom based, 1:1 or E-learning or via the zoom video conferencing software. The training may be provided by the lead clinical nurses using internally developed training programmes or via external specialist trainers.

On completion of theoretical training the support worker will be supported through shadow shifts, clinically supervised shifts and then will be assessed by a suitably qualified health professional to enable competency assessment and delegation of task, specific to the individual client and the client care and support plan.

Ongoing assessment will be monitored through clinical supervision and annual renewal of competency which is mandatory and failure to comply may result in removal from assigned shifts until this has been completed.

See Appendix 2 for bespoke training (this is not an exhaustive list as we will source training for any assessed identified need)

***** On completion of training all certificates issued will be stored in the personnel file as evidence, but remain the property of Libertatem Healthcare Group*****

5.3 Non Compliance

Where a member of staff becomes non-compliant across any of the mandatory training requirements, they will receive one month's notice in writing, to complete the outstanding training requirements. Failure to complete in the allocated timeframe may result in the following sanctions:

- Letter sent by the Registered Manager requesting completion by a definitive end date;
- Disciplinary procedures implemented

Failure to become compliant within one further month will result in removal of the worker from their assignment until they are compliant when they will then be reassigned.

6.0 The Care Certificate

Developed following the review of health and social care support workers by Camilla Cavendish (2013), the <u>Care Certificate</u> is an identified set of standards that health and social care workers adhere to in their daily working life. Designed with the unregistered workforce in mind, the Care Certificate was created to provide structured and consistent learning to ensure that care workers have the same introductory skills, knowledge and behaviours to provide compassionate, safe, quality care and support. The Care Certificate consists of 15 standards, all of which individuals need to complete in full before they can be awarded their certificate. The standards require both theoretical study and practical application within the student's place of work.

6.1 Process for completion of care certificate

- The support worker will complete the Care Certificate eLearning modules which will be assigned from the ELearning platform.
- Their learning and development will be supported and underpinned by their completion of the Care Certificate workbook accessed via Skills for care.
- The workbook and associated reflections and evidence will be reviewed by the clinician supporting the worker.
- The clinician will also undertake observation in clinical practice and will complete the observation, assessment and feedback documents.

- Once all has been completed satisfactorily a certificate will be issued as evidence of completion.
- We anticipate that a new support worker will complete the care certificate within their first 6 months of commencing work.

When an employee commences work at Libertatem Healthcare Group, if they have completed the full Care Certificate within the past 12 months, we will gather evidence and verify the qualification, and any certificates or evidence of additional training that they have undertaken.

7.0 References

https://www.skillsforcare.org.uk/Documents/Learning-and-development/Ongoinglearning-and-development/Guide-to-developing-your-staff/Core-and-mandatorytraining.pdf [accessed online 22.03.2022]

Appendix 1- Adapted table from Skills for Care- Core and mandatory training

Key: Green – Mandatory training all workers pre start

Orange - Client specific where need identified

TOPIC	MINIMUM LEARNING OUTCOMES	Links to: CQC key lines of enquiry (KLOEs) CQC fundamental Standards	Suggested refresher frequency	Covered in The training Shop module
Assisting and moving people	 Will be dependent on the workers role and responsibilities and appropriate training should be provided to enable the worker to: be able to move and position an individual safely. use equipment which may be required. understand current legislation, national guidelines, policies, procedures and protocols in relation to moving and positioning individuals. understand anatomy and physiology in relation to moving and positioning individuals. 	CQC KLOEs Safe: S2, S3 Effective: E1, E2 CQC fundamental standards Safety	We recommend learning is refreshed and knowledge and competence assessed at least annually and when a new risk is introduced.	Moving and handling People

	 be able to minimise risk before moving and positioning individuals. know when to seek advice and/or assistance from others when moving and positioning an individual. 			
Basic life support and first aid	 Basic life support: Understand and know how to follow procedures for responding to accidents and sudden illness. Be able to provide basic life support. First aid: The awarding organisation will set the minimum learning outcome. 	CQC KLOEs Safe: S2, S3, S6 Effective: E1, E2, E7 CQC fundamental standards Safety	 Basic life support recommended refresher frequency: Provide learning and development opportunities when identified or required and at least annually. The Resuscitation Council (UK): 'Frequent "low-dose" training may improve CPR skills compared with conventional training strategies' noting 'is widely accepted that skills decay within three to six months after initial training'. First aid required refresher frequency: At least every 3 years to be recognised as competent 	First Aid **** please note**** If choking is an identified risk the basic life support module must also be completed

Communication	 Understand why communication is important in the work setting. Be able to meet the communication and language needs, wishes and preferences of individuals. Be able to reduce barriers to 	CQC KLOEs Safe: S2, S6 Effective: E2, E5 Caring: C1, C2, C3 Responsive: R1, R2, R3 CQC fundamental standards Person-centred care	 Monitor performance. Assess knowledge and competence at least annually. Provide learning and development opportunities when identified or required and at least every 	Dignity and Respect
	communication. ■ Be able to apply principles and practices relating to confidentiality at work.	Dignity and respect	3 years.	
Dignity	 Understand the principles that underpin dignity in care. Maintain the dignity, respect and privacy of the individual. 	CQC KLOEs Safe: S1 Caring: C3 Responsive: R3 Well-Led: W1 CQC fundamental standards Dignity and respect	 Monitor performance. Assess knowledge and competence at least annually. Provide learning and development opportunities when identified or required and at least every 3 years. 	Dignity and Respect
Equality and Diversity	 Understand the importance of equality and inclusion. Be able to work in an inclusive way. Know how to access information, advice and support about diversity, equality and inclusion. 	CQC KLOEs Safe: S1 Effective: E1, E3, E5 Caring: C1, C3 Responsive: R1 Well-led: W1 CQC fundamental standards Dignity and respect Safeguarding from abuse	 Monitor performance. Assess knowledge and competence at least annually. Provide learning and development opportunities when identified or required and at least every 3 years 	Equality and Diversity

Fire Safety	Understand and know how to promote fire safety in the work setting.	CQC KLOEs Safe: S2, S3, S6 CQC fundamental standards Safety	Recommended refresher frequency BS 9999:2008 Code of practice for fire safety in the design, management and use of buildings recommends training is refreshed at least annually.	Fires Safety Level 1
Food Hygiene	 Understand the importance of food safety measures when providing food and drink for individuals. Be able to maintain hygiene when handling food and drink. Be able to meet safety requirements when preparing and serving food and drink for individuals. Be able to meet safety requirements when clearing away food and drink. Be able to store food and drink safely. Know how to access additional advice or support about food safety. 	CQC KLOEs Safe: S5, S6 Effective: E1, E2, E3 CQC fundamental standards Premises and equipment Safety	All workers involved in the handling, preparation or provision of food are required by law to have received appropriate training in how to handle food safely. Monitor performance. Assess knowledge and competence at least annually. Provide learning and development opportunities when identified or required and at least every 3 years.	Food safety Level 1
Health and	Understand own	CQC KLOEs	Monitor performance.	Health and Safety
safety	responsibilities, and the	Safe: S1, S2, S3, S6		
Awareness	responsibilities of others,	Effective: E6		

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	 relating to health and safety in the work setting. Understand the use of risk assessments. Know how to handle hazardous substances. Implement security measures in the work setting. Know how to manage stress 	Well-led: W1, W2 CQC fundamental standards Safety	 Assess knowledge and competence at least annually. Provide learning and development opportunities when identified or required and at least every 3 years. 	
Infection Prevention and Control	 Understand own and others roles and responsibilities in the prevention and control of infections. Understand legislation and policies relating to prevention and control of infections. Understand systems and procedures relating to the prevention and control of infections. Understand the importance of risk assessment in relation to the prevention and control of infections. Understand the importance of using Personal Protective Equipment (PPE) in the prevention and control of infections. 	CQC KLOEs Safe: S5, S6 CQC fundamental standards Premises and equipment	 Monitor performance. Assess knowledge and competence at least annually. Provide learning and development opportunities when identified or required and at least every 3 years. 	Infection Prevention and Control

	Understand the importance of good personal hygiene in the prevention and control of infections.			
Medication Management	 Understand legislation, policy and procedures relevant to administration of medication. Know about common types of medication and their use. Understand procedures and techniques for the administration of medication. Prepare for the administration of medication. Administer and monitor medication safely. Additional training as required such as: how to administer specific medicines such as patches, creams, inhalers, eye drops and liquids. Specialist training for specific medications e.g. Buccal midazolam. 	CQC KLOEs Safe: S3, S4, S6 CQC fundamental standards Safety	NICE recommend that learning for community- based staff is refreshed and knowledge and competence assessed at least annually. Learning and development requirements will be dependent on the workers role and responsibilities. Training and competency checks should be relevant to the type of service provision and agreed responsibilities. The worker should not manage or administer medicines until they successfully completed any training needed and have been assessed as	Control and administration of Medication Level 3
Mental capacity and liberty safeguards	Understand legal frameworks, policy and guidelines.	CQC KLOEs Safe: S1, S2, S3, S4 Effective: E1, E2, E4, E7 Caring: C1, C2, C3	 competent. Monitor performance. Assess knowledge and competence at least annually. 	Mental Capacity and Deprivation of Liberty Safeguards

Moving and handling objects	 Understand the meaning of mental capacity in relation to how care is provided. Be able to move and handle equipment and other objects safely. 	Responsive: R1, R2 CQC fundamental standards Person-centred care; Consent CQC KLOEs Safe: S2, S3 CQC fundamental standards Safety	 Provide learning and development opportunities when identified or required and at least every 3 years. HSE research found that annual refresher training was generally considered good practice. 	Moving and handling of objects Health & Safety
Nutrition and Hydration	 Understand the principles of hydration and nutrition. Be able to support individuals to have access to fluids in accordance with their plan of care. Be able to support individuals to have access to food and nutrition in accordance with their plan of care. 	CQC KLOEs Effective: E3 CQC fundamental standards Food and drink	 Monitor performance. Assess knowledge and competence at least annually. Provide learning and development opportunities when identified or required and at least every 3 years. 	Nutrition Awareness
Oral Health	 Ensure care staff who provide daily personal care: understand the importance of oral health and the potential effect on their general health, wellbeing and dignity. understand the potential impact of untreated dental pain or mouth infection on the behaviour, and general health 	CQC KLOEs Effective: E1, E2, E4, E5, Responsive: R1 Safe: S3 CQC fundamental standards Person-centred care Dignity and respect	CQC recommend mandatory staff training as part of their Smiling Matters report. Monitor performance. Assess knowledge and competence at least annually. Provide learning and development opportunities	Oral Care for adults

	and wellbeing of people who		when identified or	
	and wellbeing of people who			
	cannot articulate their pain or		required and at least every	
	distress or ask for help. (This		3 years.	
	includes, for example, residents			
	with dementia or			
	communication difficulties.)			
	know how and when to			
	reassess oral health. ■ know			
	how to deliver daily mouth			
	care.			
	know how and when to			
	report any oral health			
	concerns, and how to respond			
	to a person's changing needs			
	and circumstances.			
	understand the importance			
	of denture marking and how to			
	arrange this for people, with			
	their permission.			
Person Centred	Understand person centred	CQC KLOEs	Monitor performance.	Dignity and respect
Care	approaches for care and	Safe: S1, S2, S3	Assess knowledge and	0 17 1 1 1 1
	support.	Effective: E1, E2, E3, E4,	competence at least	
	Be able to work in a person-	E5, E6	annually.	
	centred way.	Responsive: R1, R3	Provide learning and	
	Establish consent when	Well-Led: W1, W3	development opportunities	
	providing care and support.		when identified or	
	■ Encourage active	CQC fundamental standards	required and at least every	
	participation.	Person-centred care	3 years.	
		Dignity and respect	S years.	
		Dignity and respect		

	 Be able to support the individual's right to make choices. Be able to support individual's well-being. 			
Positive behaviour support and non- restrictive practice	We recommend you reference the PBS Competency Framework for commissioning PBS training programmes.	CQC KLOEs Safe: S1, S2, S3 Effective: E2, E4 Caring: C1, C2, C3 Reflective: R1 Well-led: W2, W3, W5 CQC fundamental standards Safeguarding from abuse	A positive and proactive workforce and Ensuring quality services for people with behaviours that challenges recommend learning is refreshed at least annually.	Positive Behaviour support Face to face – Control and restraint training
Recording and Reporting	 Understand the need for secure handling of information in settings. Know how to access support for handling information. Handle information in accordance with agreed ways of working. 	CQC KLOEs Safe: S1, S2, S3, S4, S5, S6 Effective: E1, E2, E3, E4, E5, E6 Caring: C1, C2, C3, Responsive: R1, R2, R3 Well-Led: W1, W2, W3, W4, W5 CQC fundamental standards Complaints Good governance	 Monitor performance. Assess knowledge and competence at least annually. Provide learning and development opportunities when identified or required and at least every 3 years. 	Dignity and respect

Safeguarding adults	 Know how to recognise types of abuse. Know how to respond to suspected or alleged abuse. Understand the national and local context of safeguarding and protection from abuse. Understand ways to reduce the likelihood of abuse. Know how to recognise and report unsafe practices. Understand principles for online safety. Making the links between safeguarding and domestic violence. 	CQC KLOEs Safe: S1, S2, S3, S4, S5, S6 CQC fundamental standards Safeguarding from abuse	 Monitor performance. Assess knowledge and competence at least annually. Provide learning and development opportunities when identified or required and at least annually. 	Safeguarding adults Level 1 Local training where available or identified through risk assessment that this would be beneficial
Safeguarding children	Exnow how to safeguard children.	CQC KLOEs Safe: S1 CQC fundamental standards Safeguarding from abuse Staffing Fit and proper staff	Suggested Annual refresher.	Safeguarding children
Specific Conditions	 Understand the needs and experiences of individuals with specific conditions. Understand: The importance of promoting positive health and well-being 	CQC KLOEs Safe: S3 Effective: E1, E2, E4 Caring: C1, C3, C4 Responsive: R1 Well-led: W1, W2	 Monitor performance. Assess knowledge and competence at least annually. Provide learning and development opportunities when identified or 	Catheterisation Diabetes awareness Epilepsy Slips, trips and falls in healthcare Tissue Viability Lone worker essentials

of individuals with specific	CQC fundamental standards	required and at least every	End of life care Level3
conditions.	Staffing	3 years or when a new	
The adjustments which may		need is identified.	
be necessary in care delivery			
relating to specific conditions.			
The legal frameworks, policy			
and guidelines relating to			
specific conditions.			
 Support individuals with 			
specific conditions.			

Appendix 2: Training Need Analysis

Mandatory modules	Renew	Optional ELearning modules	Renew	Assign	Bespoke face to face training	Renew	Assign
		(dependent on client need)					
Dignity and Respect	3 year	Nutrition Awareness	3 year		Buccal Midazolam & competency assessment	l year	
Equality and Diversity	3year	Oral Health	3 year		Spinal Training including Autonomic Dysreflexia, Bowel & Catheter Care	3 year	
Fire Safety	1 year	Positive Behaviour Support	3 year		PEG care including feeding and medications	1 year	
First Aid (does not cover choking but does BLS)	1 year	Lone worker	3 year		EMAR training	3 year	
Food Safety Level 1	3 year	Managing risk minimising restraint	3 year		Moving and Handling client specific	1 year	
Health and Safety	3 year	End of Life Care Level 3	3 year		SKIN training	3 year	
Infection Prevention and control	3 year	Slips trips and falls in healthcare	3 year		MUST training	3 year	
Moving and handling of people	1 year	Epilepsy	3 year		Control and Restraint Training - practical	3 year	
Control and administration of medication	1 year	Diabetes awareness	3 year		St Johns/ Red Cross First Aid Training Day (for face to face course/choking)	3 year	
Mental Capacity Act and Deprivation of Liberty Standards	3 year	Pressure Ulcer Prevention	3 year		Acquired Brain Injury Training	3 year	
Safeguarding Adults	1 year	Tissue viability intro	3 year				
Safeguarding Children	1 year	Catheterisation	3 year				

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